



WPPS Club Timetable – Summer 2020

| Club | Day/Time | Cost | No. Session | Start | End |
|--|---------------------------|-------------|--------------------|----------------------|----------------------|
| Y1-6 Tri Golf | Monday 8.00am – 8.45am | £93.00 | 12 | 20 th Apr | 20 th Jul |
| Y1 Football | Monday 3.15pm – 4.40pm | £115.80 | 12 | 20 th Apr | 20 th Jul |
| Y4-6 Mini Tennis/Kwik Cricket (TUES) (Tennis 1 ST HALF, Cricket 2 nd Half) | Tuesday 8.00am – 8.45am | £100.75 | 13 | 21 st Apr | 21 st Jul |
| Y1-3 Mini Tennis/Kwik Cricket (TUES) (Tennis 1 ST HALF, Cricket 2 nd Half) | Tuesday 3.15pm – 4.40pm | £125.45 | 13 | 21 st Apr | 21 st Jul |
| Y1-6 Girls Football | Wednesday 8.00am – 8.45am | £93.00 | 12 | 22 nd Apr | 15 th Jul |
| Y2 Football | Wednesday 3.15pm – 4.40pm | £115.80 | 12 | 22 nd Apr | 15 th Jul |
| Y1-6 Athletics | Thursday 8.00am – 8.45am | £93.00 | 12 | 23 rd Apr | 16 th Jul |
| Y1-3 Gym (THURS) | Thursday 8.00am – 8.45am | £93.00 | 12 | 23 rd Apr | 16 th Jul |
| Y3 Football | Thursday 3.25pm – 4.40pm | £115.80 | 12 | 23 rd Apr | 16 th Jul |
| Y4-6 Gym (THURS) | Thursday 3.30pm – 4.40pm | £115.80 | 12 | 23 rd Apr | 16 th Jul |
| Y1-3 Gym (FRI) | Friday 8.00am – 8.45am | £85.25 | 11 | 24 th Apr | 17 th Jul |
| Y1-3 Mini Tennis/Kwik Cricket (FRI) (Tennis 1 ST HALF, Cricket 2 nd Half) | Friday 8.00am – 8.45am | £85.25 | 11 | 24 th Apr | 17 th Jul |
| Y4 Football | Friday 3.30pm – 4.40pm | £106.15 | 11 | 24 th Apr | 17 th Jul |
| Y5&6 Football | Friday 3.30pm – 4.40pm | £106.15 | 11 | 24 th Apr | 17 th Jul |

WPPS Club Descriptions – Summer 2020

Tri Golf Club

Tri-Golf is very much an inclusive, version of the real game and it caters for all levels of ability. Games such as Grand National, Bullseye, Finders Keepers and Tunnel Ball all with unique scoring systems enhance a fun, high energy setting within the Tri-Golf sessions. This enables every child to be successful as an individual and in collective team interaction games. The game actively promotes co-operation, good sportsmanship and concentration.

Y1-6 and Girls Football Clubs

AM Sports Academy's football club aims to improve participants technically by working on control, passing, movement, turning, shooting, attacking, defending and creating space. These are the key attributes which are worked on over a fun and exciting syllabus. The sessions are inclusive for all abilities and we have a real focus on participation and enjoyment.

Each session starts with a fun warm up before moving into skills work, which follows the AM Sports Academy syllabus to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations.

There are prizes available every week for the 'Player of the Week'.

Y1-3 & Y4-6 Mini Tennis Clubs (1st Half of term ONLY)

AM Sports Academy offer a Mini Red and Orange Tennis Club for Years 1, 2 and 3 and a Mini Orange and Green Tennis Club for years 4, 5 and 6 in the 1st half of the Summer Term. The colours will be split according to year and level of previous attainment/current ability. Usually it would be Y1&2 Red, Y3&4 Orange, Y5&6 Green.

Mini Tennis is a fun and exciting introduction into a thoroughly enjoyable game for children. It is played on smaller courts, with shorter rackets and softer balls.

Players will progress through the 4 level Mini Awards (relevant to the colour being played), where they will learn, develop and understand the following;

Rally - Learning and developing rallying skills.

Serve - Learning and developing serving skills.

Come to the Net - Learning and developing movement forwards and volleying

Score and Compete - Learning the rules, how to score, how to compete and fair play.

Players will also participate in short tie-break scoring matches as a team and as individuals.

Serves, long rallies, a variety of different shots and tie breakersIt is just like the real game.

Y1-3 & Y4-6 Kwik Cricket (2nd Half of term ONLY)

Kwik Cricket aims to provide children of all levels of ability and experience with an opportunity to participate and develop skill, knowledge and understanding - this is achieved through a variety of fixed, variable and game based Cricket practices.

Players will be challenged to progress key skills such as catching, throwing, bowling and striking skills within small, rewarding maximised participation games.

A player centered coaching process is implemented to create player ownership, creativity and imagination, which guides learning and encourages participation and fun.

Y1-6 Athletics Club

The KS1 and KS2 Athletics Club will focus on the key FUNdamental stages of a child's physical development and movement patterns. Agility, Balance, Co-ordination and Speed will all be developed within fun, creative and engaging games.

Children will also have the opportunity to develop the Foundation stage of an athlete by learning the correct techniques and in turn develop their individual skill, knowledge and understanding in a range of different running, jumping and throwing events.

Y1-3 & Y4-6 Gymnastics Clubs

Gymnastics is a sport that requires great flexibility, balance and control. It also provides a unique and valuable social education and experience. It creates an environment where teamwork, sportsmanship, fair play and dedication are required in order to master the fundamental skills to be a successful gymnast.

AM Sports Academy gymnastics classes aim to develop balance, co-ordination, gross and fine motor skills, special awareness and body control. Our gymnastic classes include areas such as tumbling, vault work, balance beam, and dance.