



### **All Saints Benhilton Clubs – Summer 2020**

<b>Club</b>	<b>Day/Time</b>	<b>Cost</b>	<b>No. of Sessions</b>	<b>Start</b>	<b>End</b>
Y1-3 Football	Monday 3.15pm – 4.30pm	£85.25	11	20 <sup>th</sup> Apr	13 <sup>th</sup> Jul
Y4-6 Football	Tuesday 3.15pm – 4.30pm	£93.00	12	21 <sup>st</sup> Apr	14 <sup>th</sup> Jul

### **All Saints Benhilton Club Descriptions – Summer 2020**

#### **Football Clubs**

AM Sports Academy's football club aims to improve participants technically by working on control, passing, movement, turning, shooting, attacking, defending and creating space. These are the key attributes which are worked on over a fun and exciting syllabus. The sessions are inclusive for all abilities and we have a real focus on participation and enjoyment.

Each session starts with a fun warm up before moving into skills work, which follows the AM Sports Academy syllabus to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations.

There are prizes available every week for the 'Player of the Week'.