



WPPS Club Timetable – Spring 2019

Club	Day/Time	Cost	No. Session	Start	End
Y4 Football	Monday 3.30pm – 4.40pm	£111.00	12	7 th Jan	1 st Apr
Y4-6 Archery Adventure (1 ST HALF of TERM)	Tuesday 8.00am – 8.45am	£44.10	6	8 th Jan	12 th Feb
Y4-6 Basketball (2 ND HALF of TERM)	Tuesday 8.00am – 8.45am	£44.10	6	26 th Feb	2 nd Apr
Y1-3 Archery Adventure (1 ST HALF of TERM)	Tuesday 3.15pm – 4.40pm	£55.50	6	8 th Jan	12 th Feb
Y1-3 Basketball (2 ND HALF of TERM)	Tuesday 3.15pm – 4.40pm	£55.50	6	26 th Feb	2 nd Apr
Y1-6 Girls Football	Wednesday 8.00am – 8.45am	£88.20	12	9 th Jan	3 rd Apr
Y1 Football	Wednesday 3.30pm – 4.40pm	£111.00	12	9 th Jan	3 rd Apr
Y1-6 Tag Rugby	Thursday 8.00am – 8.45am	£88.20	12	10 th Jan	4 th Apr
Y1-3 Gym (THURS)	Thursday 8.00am – 8.45am	£88.20	12	10 th Jan	4 th Apr
Y2 Football	Thursday 3.15pm – 4.40pm	£111.00	12	10 th Jan	4 th Apr
Y4-6 Gym	Thursday 3.30pm – 4.40pm	£111.00	12	10 th Jan	4 th Apr
Y1-3 Gym (FRI)	Friday 8.00am – 8.45am	£88.20	12	11 th Jan	5 th Apr
Y3 Football	Friday 3.25pm – 4.40pm	£111.00	12	11 th Jan	5 th Apr
Y5&6 Football	Friday 3.30pm – 4.40pm	£111.00	12	11 th Jan	5 th Apr

WPPS Club Descriptions – Spring 2019

Y1-6 and Girls Football Clubs

AM Sports Academy's football club aims to improve participants technically by working on control, passing, movement, turning, shooting, attacking, defending and creating space. These are the key attributes which are worked on over a fun and exciting syllabus. The sessions are inclusive for all abilities and we have a real focus on participation and enjoyment.

Each session starts with a fun warm up before moving into skills work, which follows the AM Sports Academy syllabus to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations.

There are prizes available every week for the 'Player of the Week'. Footballers who show encouraging progression will get the opportunity to join the Friday Night Football Club.

Y1-3 & Y4-6 Archery Adventure Clubs (1st Half of term ONLY)

Archery is a fun sport, which requires concentration, skill and creativity. Children will learn the technique of shooting in a wide range of fun, well structured individual and team games. Safety, use of equipment and key Archery vocabulary will also be developed.

Archery also challenges children's Mathematics skills as they need to add, subtract and manage numbers to work out scoring.

Y1-3 & Y4-6 Basketball Clubs (2nd Half of term ONLY)

Children will have the opportunity to learn and develop a wide range of passing and receiving skills as well as different types of movement to create space and shooting opportunities.

Children will learn how to play as a part of a team and be given opportunity to make choices whilst in possession of the ball.

Y1-6 Tag Rugby Club

The Club will be based on Rugby Union Rules and will be non contact.

During the Tag Rugby Club, players will develop their ability to evade defenders by working on changes of speed, direction and side steps as well as being challenged to identify space and how this could be used. Players will also learn how to pass accurately and catch safely. Lastly, they will focus on how to be an effective defender.

Towards the end of each session, children will have the opportunity to put their newly leant skills into match situations where the Rugby player can express themselves through individualism and creativity!

Y1-3 & Y4-6 Gymnastics Clubs

Gymnastics is a sport that requires great flexibility, balance and control. It also provides a unique and valuable social education and experience. It creates an environment where teamwork, sportsmanship, fair play and dedication are required in order to master the fundamental skills to be a successful gymnast.

AM Sports Academy gymnastics classes aim to develop balance, co-ordination, gross and fine motor skills, special awareness and body control. Our gymnastic classes include areas such as tumbling, vault work, balance beam, and dance.