



All Saints Benhilton Clubs – Spring 2019

Club	Day/Time	Cost	No. of Sessions	Start	End
Y1&2 Football	Monday 3.15pm – 4.30pm	£91.80	12	7 th Jan	1 st Apr
Y3&4 Football	Tuesday 3.15pm – 4.30pm	£91.80	12	8 th Jan	2 nd Apr

All Saints Benhilton Club Descriptions – Spring 2019

Football Clubs

AM Sports Academy's football club aims to improve participants technically by working on control, passing, movement, turning, shooting, attacking, defending and creating space. These are the key attributes which are worked on over a fun and exciting syllabus. The sessions are inclusive for all abilities and we have a real focus on participation and enjoyment.

Each session starts with a fun warm up before moving into skills work, which follows the AM Sports Academy syllabus to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations.

There are prizes available every week for the 'Player of the Week'. Footballers who show encouraging progression will get the opportunity to join the Friday Night Football Club".