



WPPS Club Timetable – Autumn 2018

Club	Day/Time	Cost	No. Session	Start	End
Y4 Football	Monday 3.30pm – 4.40pm	£133.00	14	10 th Sept	17 th Dec
Y4-6 Netball (1 ST HALF of TERM)	Tuesday 8.00am – 8.45am	£45.60	6	11 th Sept	16 th Oct
Y4-6 Hockey (2 ND HALF of TERM)	Tuesday 8.00am – 8.45am	£60.80	8	30 th Oct	18 th Dec
Y1-3 Netball (1 ST HALF of TERM)	Tuesday 3.15pm – 4.40pm	£57.00	6	11 th Sept	16 th Oct
Y1-3 Hockey (2 ND HALF of TERM)	Tuesday 3.15pm – 4.40pm	£76.00	8	30 th Oct	18 th Dec
Y1-6 Girls Football	Wednesday 8.00am – 8.45am	£114.00	15	5 th Sept	19 th Dec
Y1 Football	Wednesday 3.30pm – 4.40pm	£142.50	15	5 th Sept	19 th Dec
Y1-6 Tag Rugby	Thursday 8.00am – 8.45am	£114.00	15	6 th Sept	20 th Dec
Y1-3 Gym (THURS)	Thursday 8.00am – 8.45am	£114.00	15	6 th Sept	20 th Dec
Y2 Football	Thursday 3.15pm – 4.40pm	£142.50	15	6 th Sept	20 th Dec
Y4-6 Gym	Thursday 3.30pm – 4.40pm	£142.50	15	6 th Sept	20 th Dec
Y1-3 Gym (FRI)	Friday 8.00am – 8.45am	£114.00	15	7 th Sept	21 st Dec
Y3 Football	Friday 3.25pm – 4.40pm	£142.50	15	7 th Sept	21 st Dec
Y5&6 Football	Friday 3.30pm – 4.40pm	£142.50	15	7 th Sept	21 st Dec

WPPS Club Descriptions – Autumn 2018

Y1-6 and Girls Football Clubs

AM Sports Academy's football club aims to improve participants technically by working on control, passing, movement, turning, shooting, attacking, defending and creating space. These are the key attributes which are worked on over a fun and exciting syllabus. The sessions are inclusive for all abilities and we have a real focus on participation and enjoyment.

Each session starts with a fun warm up before moving into skills work, which follows the AM Sports Academy syllabus to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations.

There are prizes available every week for the 'Player of the Week'. Footballers who show encouraging progression will get the opportunity to join the Friday Night Football Club.\

Y1-3 & Y4-6 Netball Clubs

Children will have the opportunity to learn and develop a wide range of passing and receiving skills as well as different types of movement to create space and shooting opportunities.

Children will learn how to play as a part of a team and be given opportunity to make choices whilst in possession of the ball.

Y1-3 & Y4-6 Hockey Clubs

Children will learn a range of shooting, dribbling and passing techniques and will be challenged to put these into fun and exciting activities to evade defenders and score into different size targets. Children will also be exploring different spaces and understanding how space can be used effectively in a Hockey match.

Plastic Hockey sticks will be used to ensure children remain safe through all Hockey lessons.

Y1-3 & Y4-6 Gymnastics Clubs

Gymnastics is a sport that requires great flexibility, balance and control. It also provides a unique and valuable social education and experience. It creates an environment where teamwork, sportsmanship, fair play and dedication are required in order to master the fundamental skills to be a successful gymnast.

AM Sports Academy gymnastics classes aim to develop balance, co-ordination, gross and fine motor skills, special awareness and body control. Our gymnastic classes include areas such as tumbling, vault work, balance beam, and dance.

Y1-6 Tag Rugby Club

The Club will be based on Rugby Union Rules and will be non contact.

During the Tag Rugby Club, players will develop their ability to evade defenders by working on changes of speed, direction and side steps as well as being challenged to identify space and how this could be used. Players will also learn how to pass accurately and catch safely. Lastly, they will focus on how to be an effective defender.

Towards the end of each session, children will have the opportunity to put their newly learnt skills into match situations where the Rugby player can express themselves through individualism and creativity!